






Lunch Menu
All £2.40 Meals Deals
Main Water Cake

This Menu is available on the following weeks, date commencing;
 21/6/2021, 12/7/2021,

Week 1 – w/c 21st June and 12th July 2021






Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sweet & Sour Chicken with Rice	 Chilli Con Carne served with Wedges and Coleslaw	Roast Chicken served with Crispy Roast Potatoes & Vegetables	 Chicken Tikka	Catch of the Day Fish Fingers Served with Chips Baked Beans Mushy Peas 
Vegetarian Main Meal Dinning Hall	 Sweet and Sour Vegetables with Rice	(v) Vegetable Chilli served with Wedges and Coleslaw	 Quorn Roast Served with Stuffing, crispy roast potatoes & Vegetables	or Vegan Lentil & Sweet Potato Curry served with rice, naan bread & a selection of side dishes	Cheese and Onion Slice Served with Chips Baked Beans Mushy Peas
Grab and Go Gym	Hot Pasta Pot Sausage Roll Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Flat Bread Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Sausage Roll Cheese Sandwich
Family Favourites	Flapjack	Rainbow Cookie	Lemon Muffin	Chocolate Brownie	Vanilla Shortbread

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability.

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Main Water Cake

This Menu is available on the following weeks, date commencing;
 7/6/2021, 28/6/2021, 19/7/2021

Week 2 – w/c 7th June; 26th June & 19th July 2021

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Dining Hall	Beef Lasagne Served with Garlic bread	 Flavoured Chicken Drumsticks served with Rice and Roasted Vegetables	Honey Glazed Gammon served with stuffing, crispy roast potatoes & seasonal veg	 Beef Rogan Josh	Catch of the Day Crispy Battered Fish Served with Chips Baked Beans Mushy Peas 
Vegetarian Main Meal Dining Hall	 Vegetarian Lasagne Served with Garlic Bread	(v) Ratatouille served with Rice	 Quorn Roast Served with Stuffing, crispy roast potatoes & Vegetables	or (v) Mushroom and Pepper Balti served with Rice, Naan Bread	Cheese Whirl Served with Chips Baked Beans Mushy Peas
Grab and Go Gym	Hot Pasta Pot Sausage Roll Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Flat Bread Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Sausage Roll Cheese Sandwich
Family Favourites	Cookie	Fruit Muffin	White Chocolate Brownie	Home Made Cookie	Shortbread

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Lunch Menu
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Main Water Cake

This Menu is available on the following weeks, date commencing;
 14/6/2021, 5/7/2021

Week 3 – w/c 14th June and 5th July 2021

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Dining Hall	Sausages and Mash Potatoes, Vegetables and Gravy	LEBANESE STREET FOOD Flavoured Chicken served in Wraps	Roast Chicken served with stuffing, crispy roast potatoes & seasonal veg	 Chicken Korma or	Catch of the Day Fish Fingers Served with Chips  Baked Beans Mushy Peas
Vegetarian Main Meal Dining Hall	 Quorn Sausage and Mash Vegetables and Gravy	or (v) Falafel Wraps served with Salad and Herby Diced Potatoes	 Quorn Roast Served with Stuffing, crispy roast potatoes & Vegetables	(v) Vegetable Curry served with Rice, Naan Bread	Vegan Sausage Roll Served with Chips Baked Beans Mushy Peas
Grab and Go Gym	Hot Pasta Pot Sausage Roll Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Flat Bread Cheese Sandwich	Hot Pasta Pot Pizza Cheese Sandwich	Hot Pasta Pot Sausage Roll Cheese Sandwich
Family Favourites	Marble Cake	Ginger Sponge	Chocolate Muffin	Iced Buns	Berry Sponge

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability.